

## WINDERMERE SECONDARY Weekly Bulletin

We would like to acknowledge that we live, work and play on the unceded and traditional territory of the  $x^w m \rightarrow \theta k^w \rightarrow \theta m$  (Musqueam), selfifwitulh (Tsleil Waututh) and  $s_k w x w \theta m$  (Squamish Coast Salish) peoples.

#### THE WINDERMERE WAY!

- R Respect
- **E** Excellence
- A Attitude
- **C** Courage
- **H** Honesty

## September 13 - 17, 2021

SEMESTERS	
Semester 1	Sep 7, 2021 – Jan 28, 2022
Semester Turnaround Day	Jan 31, 2022
Semester 2	Feb 1, 2022 – Jun 29, 2022

DATES TO REMEMBER		
Sep. 14	COVID-19 Pop-Up Clinic 9:00 am – 4:30 pm @ Gym A & B	
Sep. 15	Fire Drill Period 1 @ 9:40am	
Sep. 24	Pro D Day	
Sep, 28	School Photo Day	
Sep. 30	National Day for Truth and Reconciliation (No School)	

#### Windermere Athletics Fall Sports Sign-up

"Interested in playing on a sports team this fall? Please show your interest by completing this form. If you have any questions, please see Ms. Maitland in room 309."

https://forms.office.com/Pages/ResponsePage.aspx?id=WC6KCzB7CEq6t9dVWeDjpSJzEonzS9BMnJQ2pu1d8shUQjBTSEZDUTIxQktXUFA4SVFYQ0ozTUszWi4u

#### **School Fees**

School fees are now available to view and pay online through <u>School Cash Online</u>. Families will have to set up an account to pay for school fees using a debit or a credit card, or a cheque online.

To register for School Cash Online go to the school website at http://windermere.vsb.bc.ca

- → click on the icon, "Pay Fees" at the top of the home page
- → click on the icon, "Sign In" if you already have an account or click on the icon, "Register" to create an account and pay fees

Please note that course fees for workbooks and class materials will not appear on accounts and be collected until the end of September when student schedules will be settled. Grad fees will not be collected at this time due to the uncertainty of COVID and its effect on grad events.

#### **Covid-19 Daily Health Check List**



#### **COVID-19 Daily Health Check**

All parents, guardians, and/or caregivers have the responsibility to conduct a Daily Health Check of your child(ren) each day before sending them to school. Similarly, all VSB staff must complete a Daily Health Check.

Keep a copy of this Daily Health Check in a handy area at home and incorporate this Daily Health Check into your morning routine, before leaving for school or work.

Daily Health Check			
1. COVID-19 Symptoms		Do you have any of the following	
	symptoms?		
Fever (over 38°C)		YES	NO
Chills		YES	NO
Cough or worsening of o	hronic cough	YES	NO
Difficulty breathing		YES	NO
Loss of sense of smell or	YES	NO	
Sore throat	YES	NO	
Loss of appetite	YES	NO	
Extreme fatigue or tiredr	YES	NO	
Headache	YES	NO	
Body aches	YES	NO	
Nausea and vomiting	YES	NO	
Diarrhea	YES	NO	
2. International Travel	Have you returned from travel outside Canada in the	YES	NO
	last 14 days AND told to quarantine by Canada Border		
	Services Agency?		
3. Close Contact	Have you been advised by Public Health you are a close	YES	NO
	contact of a person with COVID-19 AND told to isolate?		

#### WHAT TO DO NEXT

If you answered "No" to all of the above (1-3), the student or staff member is welcome to attend school or work.

1. If you answered "Yes" to any of the above symptoms, follow the instructions below:				
SYMPTOMS		WHAT TO DO		
Fever (above 38°C) Chills	Loss of sense of smell or taste Difficulty breathing	1 or more of these symptoms: Get tested and stay home.		
Cough				
Sore throat	Extreme fatigue or tiredness	If you have 1 symptom:		
Loss of appetite	Nausea or vomiting	Stay home until you feel better.		
Headache	Diarrhea	If you have 2 or more of these symptoms:		
Body aches		Stay home and wait 24 hours to see if you feel better.		
		Get tested if not better after 24 hours.		

- 2. If you answered "Yes" to travelling internationally within the last 14 days AND told to quarantine by Canada Border Services Agency, follow Canada Border Services Agency's guidance and do not return to school/work until Canada Border Services Agency says it is safe to do so.
- 3. If you answered "Yes" to being told to isolate by Public Health, self-isolate at home as directed by Public Health. If you also have any symptoms, or develop any, get tested for COVID-19.

If you have any questions, or the symptoms get worse, contact your healthcare provider, or call 8-1-1. For more information on COVID-19, please go to www.bccdc.ca. If you develop severe symptoms, such as difficulty breathing (e.g., struggling to breathe or speaking in single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.

Version: Sept 2021

#### Cafeteria Weekly Lunch Menu

#### September 13<sup>th</sup> ~17<sup>th</sup> Weekly Lunch Menu

Monday 13th

**Soup:** Potato & Leek (V)

Entrée: Chicken Strips, Fries & Green Salad (V\*: Cauliflower Bites)

**Dessert:** 

Tuesday 14th

Soup: Chicken Noodle Soup

**Special:** Beef Empanadas

Entrée: Vegetarian Fried Rice & 2 Vegetable Spring Rolls with Plum Sauce (V)

**Dessert:** 

Wednesday 15<sup>th</sup>

**Soup:** Cream of Mushroom (V)

**Entrée:** Cheeseburger with Caesar Salad (V\*: Veggie Patty Burger)

**Dessert:** 

Thursday 16<sup>th</sup>

**Soup:** Tomato Bisque (V)

Entrée: BBQ Roasted Chicken, Steamed Vegetables & Baked Potato (V\*: Spanakopita)

**Dessert:** 

Friday 17th

Soup: Pork Wonton Soup

Special: Poached Eggs Over Cheese Scone with Mushroom Gravy & Green Salad

**Entrée:** Red Thai Chicken & Vegetable Coconut Curry, Jasmine Rice (V\*: Vegetarian Curry)

**Dessert:** 

V: Vegetarian, V\*: Vegetarian Option Available (Limited)

### FIT Schedule

	M/W/F	Т	Th
Block 1	8:40 to 10:01	8:40 to 9:36	8:40 to 10:01
Break	10:01 to 10:09	9:36 to 9:40	10:01 to 10:09
FIT	n/a	9:40 to 10:30	n/a
Break	n/a	10:30 to 10:34	n/a
Block 2	10:09 to 11:30	10:34 to 11:30	10:09 to 11:30
Lunch	11:30 to 12:15	11:30 to 12:15	11:30 to 12:15
Block 3	12:15 to 1:36	12:15 to 1:36	12:15 to 1:11
Break	1:36 to 1:45	1:36 to 1:45	1:11 to 1:15
FIT	n/a	n/a	1:15 to 2:05
Break	n/a	n/a	2:05 to 2:10
Block 4	1:45 to 3:06	1:45 to 3:06	2:10 to 3:06



## WSS Flexible Instructional Time

#### Information for Students

#### What is FIT?

Flexible Instructional Time is a period of instructional time built into the WSS schedule that empowers students by giving them some measure of choice and control over their own learning. During FIT, students are expected to be in a class, working on assignments, either individually or in groups, meeting with teachers for support on classwork, or working on projects that they are passionate about, under teacher supervision.

#### When is FIT?

FIT is a block of 50 minutes that follows period 1 on Tuesdays and Period 3 on Thursdays. The schedule for each day is as follows:

Tuesday		Thursday	
P1:	8:40 - 9:36 - 56 minutes	P1:	8:40 - 10:01 - 81 minutes
FIT:	9:41 - 10:31 - 50 minutes	P2:	10:11 - 11:32 - 81 minutes
P2:	10:36 - 11:32 - 56 minutes	Lunch:	11:32 - 12:17 - 45 minutes
Lunch:	11:32 - 12:17 - 45 minutes	P3:	12:17 - 1:13 - 56 minutes
P3:	12:17 - 1:38 - 81 minutes	FIT:	1:16 - 2:06 - 50 minutes
P4:	1:45 - 3:06 - 81 minutes	P4:	2:10 - 3:06 - 56 minutes

#### What expectations are there for students during FIT?

- FIT is <u>CLASS TIME/Instructional Time</u> Students must be in a learning space during FIT.
- Students must <u>arrive to their FIT class by the start of the bell</u> and <u>remain in the class for the</u> full period.
- Students may only attend classes for their <u>current teachers</u>.
- During FIT, the library and cafeteria will be open to grade 11 and 12 students only.
- Students may be required to stay with a period 1/3 teacher to complete overdue work/tests at the teacher's discretion.
- Students must be working on assignments (either group or individual), special interest (passion) projects (under the supervision of a teacher), or silent reading during FIT.

#### Why are we moving to more student choice for FIT?

After consulting with staff, students and parents in the VSB community, it was determined that there was a request for more student choice. By moving to FIT with more flexibility, it will allow students to make choices about where and how to use FIT. It will allow students to take ownership of their learning. FIT is being introduced District wide.

#### Will this be rolled out in September, 2021?

Yes, we plan to start this for September 2021. As part of the start of the 2021/2022 school year, staff would train students how to use FIT effectively.

#### How will students be held accountable for their use of FIT?

Attendance will be taken in first period on Tuesday and third period on Thursday. At the start of the school year, students will remain with their period 1/3 teacher during FIT. During this time, teachers will be providing students with the necessary skills and guidance on how to use FIT effectively. Once staff feel it's time to allow students to 'choose', we will introduce it gradually. During FIT, students will be expected to be in a class and/or learning space. If students are not using FIT properly, their ability to make their own choices about how they use their FIT will be removed. This is part of our overall intervention strategy.

#### Can FIT be used for meetings with clubs or sport teams?

Given that FIT is considered instructional time, it cannot be used for club or team meetings.

#### Is there a limit on how many students can be in a classroom at any one time?

Yes, regular classrooms can only hold 30 or 28 students, with tech classes capped at 24 (though this can be adjusted if safety is a concern). Teachers will inform you/close their door when their class is full. The library will also be capped at a certain number of seats (to be determined). There will also be space in the cafeteria that gr. 11 and 12 students can use.

#### Can teachers indicate what particular FIT periods will be for?

Yes, teachers can determine how their FIT is used in their class, as long as it affords all their students an opportunity, at some time, to make use of the FIT with them. As an example, if a shop teacher wanted to work with juniors on Tuesdays and seniors on Thursdays, that could be indicated on the teacher's door.

#### Can students move rooms during FIT?

There is a 4-minute transition time from period 1/3 to FIT to allow students time to get where they want to be. Once FIT has started, students would need to stay where they are. Students will have a chance to go to a different teacher the in the following FIT block (or see them after school).

## Would students who have study blocks during 1<sup>st</sup> and 3<sup>rd</sup> period be required to find a class for FIT?

They would not be required to be present, but if they are, they would be required to be in a learning space. We would like to see many of these students coming during FIT because they could see any of their teachers for help.

#### Will FIT be used for pull-out assemblies?

Yes, to reduce the number of students away from regular class time, we would use FIT for assemblies and for emergency drills.

#### If a student is behind in course work, can a teacher hold them in for FIT?

Yes, period 1 or 3 teachers will have the ability to hold a student in to get caught up on work, write tests, etc.

#### **Have More Questions?**

Write them out on our FIT Form, located at: <a href="https://forms.office.com/r/dzp4DCZcGF">https://forms.office.com/r/dzp4DCZcGF</a>
Answers to these questions will be posted at: <a href="https://www.vsb.bc.ca/schools/windermere/pages/default.aspx">https://www.vsb.bc.ca/schools/windermere/pages/default.aspx</a>







#### Free to Newcomer Youth

11:40 am - 12:10 pm **Every Tuesday** September 14, 2021 to November 30, 2021 Online via MS Teams meeting

#### Click or Scan to Register:

https://bit.ly/3lv5h46



(Meeting link will be emailed upon successful registration)

#### Inquiries:

Jenny Choi Tel: 778-229-4270 E-mail: hchoi@vsb.bc.ca Amy Wei Tel: 778-233-0255 E-mail: awei@vsb.bc.ca





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## Join our free nature stewards

## youth programs!

Strathcona Community Gardens and Renfrew Ravine xwmə0kwəyəm, Skwxwú7mesh, and səlilwəta?ł territory

Help take care of the land | Get to know the plants & animals in your community | Meet new friends | Grow your leadership skills | Gain experience for your resume | Earn money while you're at it!

#### We have 4 programs open for registration this Fall:

- 1 Sept 11 Nov 27 (Saturdays) | 11am-3pm | Seed Generation
- 2 Sept 18 Nov 20 (Saturdays) | 10:30am-2:30pm | Rewilding Still Creek
- 3 Sept 19 Nov 21 (Sundays) | 10:30am-2:30pm | Rewilding Still Creek
- 4 Sept 19 Nov 21 (Sundays) | 10:30am-2:30pm | Native Plant Nursery



RISE COMMUNITY HEALTH CENTRE 5198 JOYCE ST. VANCOUVER

# GENDER JOURNEYS!

Trans, Two Spirit, and/or gender diverse youth ages 10 - 15

FROM 1:00-4:00PM SATURDAYS FROM SEPTEMBER 4 - OCTOBER 23

TO REGISTER CALL RISE COMMUNITY HEALTH CENTRE 604-558-8090 AND BOOK A 15 MINUTE CHAT WITH MIK OR ASHLEIGH

CONNECT WITH OTHER TRANS, TWO SPIRIT, AND GENDER NON-CONFORMING YOUNG PEOPLE, BUILD COMMUNITY, AND GET SUPPORT IN A NONJUDGMENTAL ENVIRONMENT



## **GYM Programs**



Due to the on-going concerns of the COVID-19 pandemic, we are continuing to host our "open-gym" programs in a scheduled format. Please be aware that there is limited space for each gym slot (maximum 18) and there are age restrictions for two of the five time slots.

If you should have any questions or comments please contact the Community Youth Worker— Starla Bayley at starla.bayley@vancouver.ca or 604-257-8156

All Open Gym programs are open for registration 3 days before the actual program starting at 9:00am. Please limit your registration to one time slot. If there is space on the day of—you are welcome to sign up and fill the open spaces.

FALL 2021	Pre-teens only 4:15-5:05	All Ages 10-18 5:20-6:10	All Ages 10-18 6:25-7:15	All Ages 10-18 7:30-8:20	Sr. Open Gym 15-18 8:35-9:45
September 17	369424	369899	369928	370301	372633
September 24	369426	369900	369930	370302	372634
October 1	369427	369901	369931	370304	372635
October 8	369428	369902	369933	370305	372637
October 15	369429	369903	369934	370306	372638
October 22	369430	3639904	369936	370307	372639
October 29	369431	369905	369938	370308	372640
November 5	369432	369908	369942	370309	372641
November 12	369433	369910	369946	370310	372643
November 19	369434	369912	369947	370311	372644
November 26	369435	369915	369949	369949	372645
December 3	369436	369919	369952	369952	372646
December 10	369437	369922	369954	369954	372647
December 17	369438	369923	369955	369955	372648



# Teen Programs



## Snack Attack 13-18yrs

#### Divya Talwar

Yummy in my tummy! Come join Divya, a Dietetics student at UBC, for our snack attack program. You'll get familiar with the kitchen—preparing, cooking/baking, and eating all the food!

Fri 367402 Sep 17-Dec 17 7:00pm-9:00pm No sess Oct 8, Nov 12 \$24/12 sessions



## Sr. Youth Council 13-18yrs

#### Starla Bayley

Join the Community Youth Worker and learn how to use your skills to be a leader in your community. You will be tasked with helping to organize your own event, assist with centre events, and asked to support a philanthropic organization over the school year. On top of this, we will have several workshops and special presentations throughout the year. If you have any questions about the program, please email: starla.bayley@vancouver.ca

Thu 367190 Sep 16-Dec 16 5:30pm-7:00pm No sess Nov 11 FREE

## Games Room 10-18yrs

#### Starla Bayley & Emily Nguyen

The games room will once again be open for youth—Fridays after school. Have access to computers, pool tables, foosball, ping-pong, air-hockey and more. Manual sign in will be required with the staff on site.

Fri

Sep 17-Dec 17 4:00pm-9:30pm FREE





### Volunteer Training 13-18yrs

#### Starla Bayley

This training is for youth wanting to volunteer in Renfrew Park Community Centre programs/ events. This training provides hands on experience, enhances your skills in problem solving, conflict resolution and teaches you how to lead activities and games.

Pre-registration is required. If you have questions please email Starla Bayley at starla.bayley@vancouver.ca

#### Two separate sessions as follows:

Sat	Sep 25	370179
Sat	Oct 2	370238
	3:00pm-5:00pm	FREE

\*\*Staff will follow all PHO orders to ensure a safer experience for all